

STATE OF CONNECTICUT  
DEPARTMENT OF HEALTH SERVICES  
BUREAU OF HEALTH SYSTEM REGULATION  
DIVISION OF MEDICAL QUALITY ASSURANCE

In re: Julie Meeske, R.N.

Petition No.930105-10-001

CONSENT ORDER

WHEREAS, Julie Meeske, R.N. of Clinton, Connecticut has been issued license number E54511 to practice as a registered nurse by the Department of Health Services pursuant to Chapter 378 of the General Statutes of Connecticut, as amended; and

WHEREAS, Julie Meeske, R.N. hereby admits and acknowledges that:

1. During December 1992 and subsequent thereto, while working as a registered nurse at Bridgeport Hospital in Bridgeport, Connecticut she diverted to herself the controlled substance Demerol.
2. During said period she falsified drug control records and patient administration medication records at the facility.
3. During said period she tampered with injectable Demerol.
4. During said period she abused and/or excessively used Demerol while on duty.
5. She is licensed as a nurse only in Connecticut and does not have licensure pending in any other state.
6. The conduct described in 1., 2., 3. and 4. above fails to conform to the accepted standards of the nursing profession in violation of §20-99(b) of the General Statutes of Connecticut.

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STATE OF CONN.  
DEPT. OF HEALTH SERVICES  
BOARD OF NURSING

NOW THEREFORE, pursuant to §19a-17 and §20-99(a) of the General Statutes of Connecticut, Julie Meeske, R.N. hereby stipulates and agrees to the following:

1. That she waives the right to a hearing on the merits of this matter.
2. That her license number E54511 to practice as a registered nurse in the State of Connecticut is on probation for three (3) years.
3. That her probation is subject to the following conditions:
  - A. 1.) She shall not obtain for personal use and/or use alcohol or any drug that has not been prescribed for her for a legitimate medical purpose by a licensed health care practitioner.
  - 2.) She shall provide a copy of this Consent Order to her therapist.
  - 3.) She shall engage in counseling with a licensed or certified therapist at her own expense for the entire period of probation.
  - 4.) She shall be responsible for the provision of monthly reports from her therapist during the first two (2) years of her probationary period and bi-monthly reports for the third year of her probation. Monthly reports are due on the 1st business day of every month commencing with the report due July 1, 1993. Bi-monthly reports are due on the 1st business day of every other month commencing with the report due July 1, 1994 + 1995 JT.
  - 5.) She shall participate in naltrexone therapy during the period of her probation. Such therapy may be discontinued on the recommendation of her therapist with notification by said therapist to the Connecticut Board of Examiners for Nursing.

- 6.) She shall be responsible for providing laboratory reports of the results of observed random urine and/or blood screens at the discretion of her therapist for alcohol and drugs, including but not limited to Demerol and therapeutic levels of Naltrexone. Reports from her therapist verifying observed Naltrexone administration may be substituted for Naltrexone screens. In the event that Naltrexone therapy is discontinued pursuant to paragraph 3.A.5. above, then screens for Naltrexone will no longer be required. There must be at least one such random drug and alcohol screen monthly during the first two (2) years of her probation and bi-monthly for the third year of her probation. Said screens shall be legally defensible in that the specimen donor and chain of custody can be identified throughout the screening. She shall be responsible for notifying the laboratory and her therapist of any drug(s) she is taking.
- B. 1.) She shall provide a copy of this Consent Order to her employer.
- 2.) She shall not accept employment as a nurse for a personnel provider, visiting nurse agency or home health care agency for the period of her probation.
- 3.) She shall not administer or count narcotics, or have responsibility for such activities as part of her nursing duties for the first six (6) months of the probationary period.
- 4.) She shall be responsible for the provision of monthly reports from her nursing supervisor (i.e. Director of

Nursing) during the first two (2) years of her probation and bi-monthly thereafter. Monthly reports are due on the 1st business day of every month, commencing with the report due July 1, 1993. Bi-monthly reports are due on the 1st business day of every other month commencing with the report due July 1, ~~1994~~ 1995 J

- 5.) The reports required in paragraph 3.B.4 above shall include documentation of her ability to practice nursing safely and competently, and that for the first six (6) months of the probationary period Respondent's nursing duties have not included the activities prohibited in 3.B.3.) above.
- C. She shall attend the meetings of a 12 step organization such as Alcoholics Anonymous, Narcotics Anonymous, Nurses for Nurses, or other group for recovering chemically-dependent persons.
- D. The reports required in paragraph 3.A.4. above shall include documentation of dates of treatment, her participation in a 12 Step program referenced in paragraph 3.C. above, an evaluation of her progress and drug and alcohol free status, and copies of all laboratory reports.
4. The Connecticut Board of Examiners for Nursing must be informed prior to any change of employment.
5. The Connecticut Board of Examiners for Nursing must be informed prior to any change of address.

6. All correspondence and reports are to be addressed to:

Office of the Board of Examiners for Nursing  
Department of Health Services  
150 Washington Street  
Hartford, CT 06106

7. The parties stipulate that any violation of the terms of this Consent Order authorizes the Department to seek a summary suspension of the respondent's license. The respondent specifically waives the provisions of Connecticut General Statutes §4-182(c) which requires a finding of an emergency before summary action can be taken. The respondent agrees that any violation of the terms of this Consent Order will constitute grounds for summary action. Any deviation from the term(s) of probation without prior written approval by the Connecticut Board of Examiners for Nursing shall constitute a violation of probation. A violation of any term(s) of probation specified in paragraphs 3., 4., or 5. above shall result in the right of the Connecticut Board of Examiners for Nursing to immediately revoke or take other disciplinary action as cited in Connecticut General Statutes §19a-17 against her nursing license. Any extension of time or grace period for reporting granted by the Connecticut Board of Examiners for Nursing shall not be a waiver or preclude the Board's right to take action at a later time. The Connecticut Board of Examiners for Nursing shall not be required to grant future extensions of time or grace periods. Notice of revocation or other disciplinary action shall be sent to her address of record (most current address reported to the Licensure and Renewal Section of the Division of Medical Quality Assurance of the Department of Health Services or the Connecticut Board of Examiners for Nursing). Her

license shall be suspended from the date the notification of the alleged violation of probation is mailed until the decision of the Connecticut Board of Examiners for Nursing on the violation of probation.

8. This Consent Order is effective the first day of the month immediately following the date said Consent Order is ordered and accepted by the Connecticut Board of Examiners for Nursing.
9. She understands this Consent Order is a matter of public record.
10. She understands this Consent Order may be considered as evidence of the above admitted violations in any proceeding before the Connecticut Board of Examiners for Nursing (1) in which her compliance with this same order is at issue, or (2) in which her compliance with §20-99(b) of the General Statutes of Connecticut, as amended, is at issue.
11. This Consent Order and terms set forth herein are not subject to reconsideration, collateral attack or judicial review under any form or in any forum. Further, said order is not subject to appeal or review under the provisions of Chapters 54 and 368a of the General Statutes of Connecticut, provided that this stipulation shall not deprive her of any other rights that she may have under the laws of the State of Connecticut or of the United States.
12. She permits a representative of the Public Health Hearing Office of the Division of Medical Quality Assurance, Department of Health Services to present this Consent Order and the basis for said Consent Order to the Connecticut Board of Examiners for Nursing. She understands that the Connecticut Board of Examiners for Nursing has complete and final discretion as to whether an executed Consent Order is approved or granted.
13. She understands she has the right to consult with an attorney prior to signing this document.

I, Julie Meeske, R.N., have read the above Consent Order, and I agree and admit to the terms and allegations set forth therein. I further declare the execution of this Consent Order to be my free act and deed.

Julie Meeske RN  
Julie Meeske, R.N.

Subscribed and sworn to before me this 6<sup>th</sup> day of May 1993.

Martina Murray  
Notary Public or person authorized  
by law to administer an oath or  
affirmation

The above Consent Order having been presented to the duly appointed agent of the Commissioner of the Department of Health Services on the 11<sup>th</sup> day of May 1993, it is hereby accepted.

Stanley K. Peck  
Stanley K. Peck, Director  
Division of Medical Quality Assurance

The above Consent Order having been presented to the duly appointed agent of the Connecticut Board of Examiners for Nursing on the 13 day of May 1993, it is hereby ordered and accepted.

BY: Janice A. Thibodeau  
Connecticut Board of Examiners for Nursing