STATE OF CONNECTICUT
DEPARTMENT OF PUBLIC HEALTH
HEALTHCARE SYSTEMS BRANCH
BOARD OF EXAMINERS FOR NURSING

In re: Shawna Bowers, R.N. Petition No. 2007-0130-010-009

STATEMENT OF CHARGES

Pursuant to the General Statutes of Connecticut, §§19a-10 and 19a-14, the Department of Public Health (hereinafter "the Department") brings the following charges against Shawna Bowers, R.N.:

COUNT ONE

1. Shawna Bowers, R.N., of Niantic, Connecticut (hereinafter "respondent") is, and has been at all times referenced in this Statement of Charges, the holder of Connecticut registered nurse license number R44070.

2. Currently and for several months, respondent has obtained and used excessive quantities of narcotics and other controlled substances by doctor shopping.

3. Respondent suffers depression, anorexia, and bulimia.

4. Respondent's use and/or abuse of controlled substances, and/or respondent's emotional disorder and or mental health illness, either alone or in combination, does and/or may impair her ability to practice as a registered nurse safely and effectively.

5. The above described facts constitute grounds for disciplinary action pursuant to the General Statutes of Connecticut, §20-99(b), including but not limited to:

    a. §20-99(b)(4); and/or,
    b. §20-99(b)(5).

COUNT TWO

6. Paragraph 1 is incorporated herein by reference as if set forth in full.

7. Pursuant to a reinstatement Consent Order dated May 21, 2003 in petition No. 2002-1119-010-097, respondent's license has been under probation subject to certain terms and conditions, including paragraph 3.E ("Respondent shall not obtain or use controlled substances, legend drugs or alcohol in any form unless prescribed or recommended for a legitimate therapeutic purpose . . .").

8. Respondent has violated paragraph 3.E. of her Reinstatement Consent Order by obtaining controlled substances without a valid therapeutic purpose, by withholding from various prescribing physicians and dentists that she receives the same medications or other pain medications from other prescribers.

9. The above facts constitute grounds for disciplinary action pursuant to the General Statutes of Connecticut, §20-99(b), including but not limited to §20-99(b)(2).

THEREFORE, the Department prays that:

The Board Of Examiners For Nursing, as authorized in §§19a-17 and 20-99(b), revoke or order other disciplinary action against the registered nurse license of Shawna Bowers, R.N. as it deems appropriate and consistent with law.

Dated at Hartford, Connecticut this 14th day of February 2007.

Jennifer Filippone

Jennifer Filippone, Section Chief
Practitioner Licensing and Investigations
Healthcare Systems Branch

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